# Form NHCT-31: Community Benefits Plan Report

version 1.2

(Submission #: HPT-04C2-6P8TM, version 1)

## Details

Submitted4/18/2023 (0 days ago) by Kelly L MurphySubmission IDHPT-04C2-6P8TMStatusSubmitted

# **Form Input**

### **Section 1: Entity Information**

**Entity Name** Valley Regional Hospital

State Registration # 6285

Federal ID # 02-222118

Fiscal Year Beginning 10/01/2021

Entity Address 243 ELM STREET CLAREMONT, NH 03743

Entity Website (must have a prefix such as "http://www.") http://www.VRH.ORG

Chief Executive Officer (first, last name)

First Name Jocelyn	Last Name Caple	
Phone Type	Number	Extension
Business	603-542-3400	
<b>Email</b> jocelyn.caple(	@vrh.org	

#### Board Chair (first, last name)

First Name<br/>PatriciaLast Name<br/>PutnamPhone TypeNumberExtensionMobile603-542-3400Email<br/>info@vrh.org

#### Community Benefits Plan - Contact (first, last name)

First Name<br/>JeanLast Name<br/>ShawTitle<br/>Chief Financial OfficerPhone TypeNumberPhone Type603-542-3421Email<br/>jean.shaw@vrh.org

**1. Is the entity's community benefits plan on the organization's website?** Yes

2. Does the report include community benefit information for affiliated or subsidiary entity(ies)? Yes

#### Affiliated or Subsidiary Organizations (complete table below)

Entity Name	Federal Employer Identification Number	State Registration Number
VALLEY REGIONAL HEALTHCARE	20-397338	14522

### Section 2: Mission & Community Served

#### 1. Mission Statement

Mission Statement: Our Vision- Partner with the community to optimize health by ensuring access to high value healthcare. Our Mission- Improve community health, patient experience and value. Core Values- Compassion, Accountability, Respect, Excellence, Service.

# 2. Has the Mission Statement been reaffirmed in the past year (RSA 7:32e-I)? Yes

#### **Service Area**

Community may be defined as a geographic service area comprised of the locations from which most service recipients come (primary service area) or a subset of the general population that share certain characteristics such as age range, health condition, or socioeconomic resources. For some trusts, the definition of community may be a combination of geographic service area and a subset of the population within that area. Please include information from the drop down lists and narrative field as applicable to sufficiently describe the community served.

### 1. Did the primary service area cover ALL of New Hampshire?

No

**Please select service area Counties (NH), if applicable** Sullivan

**Please select service area municipalities (NH), if applicable** NONE PROVIDED

#### Service Population Description

VRH serves the rural region of Sullivan County, New Hampshire, with a population of over 43,077 people, living in 15 towns across 552 square miles. In addition to New Hampshire residents, several bordering towns in Vermont, especially Windsor, Weathersfield and Springfield, rely upon Valley Regional Hospital's programs and services.

### Section 3.1: Community Needs Assessment

1. In what year was the last community needs assessment conducted to assist in determining the activities to be included in the community benefit plan? (Please attach a copy of the needs assessment below if completed in the past year) 2021

Please attach a copy of the needs assessment if completed in the past year <u>2021 Valley Regional Hospital Community Health Needs Assessment final (1).pdf - 04/18/2023 11:49 AM</u> Comment

NONE PROVIDED

**2. Was the assessment conducted in conjunction with other health care charitable trusts in your community?** Yes

### Section 3.2: Community Needs Assessment (1 of 11)

#### 3. Area of Community Need / Concern

22. Access to Mental Health Services

**4. Is the need identified in the Community Needs Assessment?** Yes

5. Is the need addressed in the Health Care Charitable Trusts Community Benefit Plan? Yes

6. Select the applicable Category or Categories of Community Benefit included in your plan associated with this need.

A3: Health Care Support Services

#### 7. Brief description of major strategies or activities to address this need (optional)

VRH will seek funding resources to create a "whole-person" integration model of patient care for community members seeking services in primary care and the emergency department. Mental health triage will address specific patient needs, such as medication reconciliations and adjustments, low level support, and immediate referrals in more emergent care situations.

### Section 3.2: Community Needs Assessment (2 of 11)

#### 3. Area of Community Need / Concern

1. Financial Barriers to Care; Cost of Care / Insurance

**4. Is the need identified in the Community Needs Assessment?** Yes

5. Is the need addressed in the Health Care Charitable Trusts Community Benefit Plan? Yes

# 6. Select the applicable Category or Categories of Community Benefit included in your plan associated with this need.

1: Financial Assistance

**7. Brief description of major strategies or activities to address this need (optional)** NONE PROVIDED

### Section 3.2: Community Needs Assessment (3 of 11)

#### 3. Area of Community Need / Concern

2. Access to Prescription Medications / Prescription Assistance

#### 4. Is the need identified in the Community Needs Assessment? Yes

5. Is the need addressed in the Health Care Charitable Trusts Community Benefit Plan? Yes

### 6. Select the applicable Category or Categories of Community Benefit included in your plan associated with this need.

A3: Health Care Support Services

#### 7. Brief description of major strategies or activities to address this need (optional) NONE PROVIDED

### Section 3.2: Community Needs Assessment (4 of 11)

### 3. Area of Community Need / Concern

24. Substance Use

4. Is the need identified in the Community Needs Assessment? Yes

5. Is the need addressed in the Health Care Charitable Trusts Community Benefit Plan? Yes

### 6. Select the applicable Category or Categories of Community Benefit included in your plan associated with this need.

A3: Health Care Support Services

### 7. Brief description of major strategies or activities to address this need (optional)

VRH will seek additional funding resources to create a "whole-person" integration model of patient care for community members with co-occurring substance use disorders, seeking services in primary care and the emergency department. Strategic substance use triaging will target specific patient concerns, such as medication adjustments, low level support needs, and immediate referrals in more emergent care situations.

### Section 3.2: Community Needs Assessment (5 of 11)

### 3. Area of Community Need / Concern

27. Healthy Eating / Nutrition / Food Insecurity

### 4. Is the need identified in the Community Needs Assessment?

Yes

#### 5. Is the need addressed in the Health Care Charitable Trusts Community Benefit Plan? Yes

### 6. Select the applicable Category or Categories of Community Benefit included in your plan associated with this need.

A1: Community Health Education A3: Health Care Support Services

# 7. Brief description of major strategies or activities to address this need (optional)

NONE PROVIDED

### Section 3.2: Community Needs Assessment (6 of 11)

### 3. Area of Community Need / Concern

25. Access to Substance Use Disorder Services

4. Is the need identified in the Community Needs Assessment? Yes

5. Is the need addressed in the Health Care Charitable Trusts Community Benefit Plan? Yes

6. Select the applicable Category or Categories of Community Benefit included in your plan associated with this need.

A2: Community-Based Clinical Services

7. Brief description of major strategies or activities to address this need (optional) NONE PROVIDED

## Section 3.2: Community Needs Assessment (7 of 11)

### 3. Area of Community Need / Concern

14. Domestic Abuse / Child Abuse

4. Is the need identified in the Community Needs Assessment? Yes

5. Is the need addressed in the Health Care Charitable Trusts Community Benefit Plan? No

6. Select the applicable Category or Categories of Community Benefit included in your plan associated with this need.

Not Applicable

7. Brief description of major strategies or activities to address this need (optional) NONE PROVIDED

### Section 3.2: Community Needs Assessment (8 of 11)

3. Area of Community Need / Concern

Oral Health

4. Is the need identified in the Community Needs Assessment? Yes

5. Is the need addressed in the Health Care Charitable Trusts Community Benefit Plan? Yes

6. Select the applicable Category or Categories of Community Benefit included in your plan associated with this need.

F7: Community Health Advocacy

7. Brief description of major strategies or activities to address this need (optional) NONE PROVIDED

# Section 3.2: Community Needs Assessment (9 of 11)

3. Area of Community Need / Concern 3. Access to Primary Care

4. Is the need identified in the Community Needs Assessment? Yes

5. Is the need addressed in the Health Care Charitable Trusts Community Benefit Plan? Yes

6. Select the applicable Category or Categories of Community Benefit included in your plan associated with this need.

A1: Community Health Education A3: Health Care Support Services F7: Community Health Advocacy

**7. Brief description of major strategies or activities to address this need (optional)** NONE PROVIDED

### Section 3.2: Community Needs Assessment (10 of 11)

### 3. Area of Community Need / Concern

26. Tobacco Use

4. Is the need identified in the Community Needs Assessment? No

5. Is the need addressed in the Health Care Charitable Trusts Community Benefit Plan? Yes

6. Select the applicable Category or Categories of Community Benefit included in your plan associated with this need.

A3: Health Care Support Services A1: Community Health Education

**7. Brief description of major strategies or activities to address this need (optional)** NONE PROVIDED

### Section 3.2: Community Needs Assessment (11 of 11)

3. Area of Community Need / Concern

7. Diabetes

4. Is the need identified in the Community Needs Assessment? Yes

5. Is the need addressed in the Health Care Charitable Trusts Community Benefit Plan? Yes

6. Select the applicable Category or Categories of Community Benefit included in your plan associated with this need.

A1: Community Health Education A3: Health Care Support Services

7. Brief description of major strategies or activities to address this need (optional) NONE PROVIDED

### Section 4: Community Benefit Activities

### **Optional Section 4 completion tool**

An optional MS Excel tool can be used to aid completion of this Section offline. Please click on the "Community Benefits Reporting Tool" link below, this will download the file to a suitable location. Once opened, refer to the "Worksheets" sheet at the bottom of the form. Numbers/dollar amounts can be calculated and will automatically populate into the appropriate fields

of the "Section 4" sheet. These numbers can then be entered manually by you in the appropriate fields of this Section 4, below.

Community Benefits Reporting Worksheets

### Financial Assistance, Means-Tested Government Programs and Community Benefit Services

## Total Functional Expenses for the Reporting Year (\$)

57654157.00

### (1) Financial Assistance at cost (if using the optional Excel tool, refer to Worksheet 1)

(a) Number of activities or programs (optional)	(b) Persons served (optional)	(c) Total community benefit expense (\$)	(d) Direct offsetting revenue (\$)	(e) Net community benefit expense (\$)	(f) Percent of total expense (%)	Estimated expense of activities projected for the next Fiscal Year (\$)
NONE PROVIDED	NONE PROVIDED	447399.00	0	447399	0.8%	450000.00

### (2) Medicaid (if using the optional Excel tool, refer to Worksheet 3, column A)

(a) Number of activities or programs (optional)	(b) Persons served (optional)	(c) Total community benefit expense (\$)	(d) Direct offsetting revenue (\$)	(e) Net community benefit expense (\$)	(f) Percent of total expense (%)	Estimated expense of activities projected for the next Fiscal Year (\$)
NONE PROVIDED	NONE PROVIDED	8822434.00	6037671.00	2784763	4.8%	2800000.00

(3) Costs of other means-tested government programs (if using the optional Excel tool, refer to Worksheet 3, column B)

(a) Number of activities or programs (optional)	(b) Persons served (optional)	(c) Total community benefit expense (\$)	(d) Direct offsetting revenue (\$)	(e) Net community benefit expense (\$)	(f) Percent of total expense (%)	Estimated expense of activities projected for the next Fiscal Year (\$)
NONE PROVIDED	NONE PROVIDED	0	0	0	0%	0

### (4) Total Financial Assistance and Means-Tested Government Programs

(a) Number of activities or programs	(b) Persons served	(c) Total community benefit expense (\$)	(d) Direct offsetting revenue (\$)	(e) Net community benefit expense (\$)	(f) Percent of total expense (%)	Estimated expense of activities projected for the next Fiscal Year (\$)
0	0	9269833	6037671	3232162	5.6%	3250000

### **Community Benefit Services**

(5) Community health improvement services and community benefit operations (if using the optional Excel tool, refer to Worksheet 4)

(a) Number of activities or programs (optional)	(b) Persons served (optional)	(c) Total community benefit expense (\$)	(d) Direct offsetting revenue (\$)	(e) Net community benefit expense (\$)	(f) Percent of total expense (%)	Estimated expense of activities projected for the next Fiscal Year (\$)
NONE PROVIDED	NONE PROVIDED	375102	20765.00	354337	0.6%	375000.00

# (6) Health professions education (if using the optional Excel tool, refer to Worksheet 5)

(a) Number of activities or programs (optional)	(b) Persons served (optional)	(c) Total community benefit expense (\$)	(d) Direct offsetting revenue (\$)	(e) Net community benefit expense (\$)	(f) Percent of total expense (%)	Estimated expense of activities projected for the next Fiscal Year (\$)
NONE PROVIDED	NONE PROVIDED	53408.00	0	53408	0.1%	54000.00

## (7) Subsidized health services (if using the optional Excel tool, refer to Worksheet 6)

(a) Number of activities or programs (optional)	(b) Persons served (optional)	(c) Total community benefit expense (\$)	(d) Direct offsetting revenue (\$)	(e) Net community benefit expense (\$)	(f) Percent of total expense (%)	Estimated expense of activities projected for the next Fiscal Year (\$)
NONE PROVIDED	NONE PROVIDED	2356.00	0	2356	0%	2000.00

### (8) Research (if using the optional Excel tool, refer to Worksheet 7)

(a) Number of activities or programs (optional)	(b) Persons served (optional)	(c) Total community benefit expense (\$)	(d) Direct offsetting revenue (\$)	(e) Net community benefit expense (\$)	(f) Percent of total expense (%)	Estimated expense of activities projected for the next Fiscal Year (\$)
NONE PROVIDED	NONE PROVIDED	0	0	0	0%	0

### (9) Cash and in-kind contributions for community benefit (if using the optional Excel tool, refer to Worksheet 8)

(a) Number of activities or programs (optional)	(b) Persons served (optional)	(c) Total community benefit expense (\$)	(d) Direct offsetting revenue (\$)	(e) Net community benefit expense (\$)	(f) Percent of total expense (%)	Estimated expense of activities projected for the next Fiscal Year (\$)
NONE PROVIDED	NONE PROVIDED	5052.00	0	5052	0%	5000.00

### (10) Total Other Benefits

(a) Number of activities or programs	(b) Persons served	(c) Total community benefit expense (\$)	(d) Direct offsetting revenue (\$)	(e) Net community benefit expense (\$)	(f) Percent of total expense (%)	Estimated expense of activities projected for the next Fiscal Year (\$)
0	0	435918	20765	415153	0.7%	436000

(11) Totals

(a) Number of activities or programs	(b) Persons served	(c) Total community benefit expense (\$)	(d) Direct offsetting revenue (\$)	(e) Net community benefit expense (\$)	(f) Percent of total expense (%)	Estimated expense of activities projected for the next Fiscal Year (\$)
0	0	9705751	6058436	3647315	6.3%	\$3686000

### Section 5: Community Building Activities

# **Total expense (\$; entered at top of Section 4)** 57654157

### (1) Physical improvements and housing

(a) Number of	(b) Persons	(c) Total	(d) Direct	(e) Net community	(f) Percent of
activities or	served	community benefit	offsetting	benefit expense	total expense
programs (optional)	(optional)	expense (\$)	revenue (\$)	(\$)	(%)
NONE PROVIDED	NONE PROVIDED	0	0	0	0%

### (2) Economic development

(a) Number of	(b) Persons	(c) Total	(d) Direct	(e) Net community	(f) Percent of
activities or	served	community benefit	offsetting	benefit expense	total expense
programs (optional)	(optional)	expense (\$)	revenue (\$)	(\$)	(%)
NONE PROVIDED	NONE PROVIDED	5051.00	0	5051	0%

#### (3) Community support

(a) Number of	(b) Persons	(c) Total	(d) Direct	(e) Net community	(f) Percent of
activities or	served	community benefit	offsetting	benefit expense	total expense
programs (optional)	(optional)	expense (\$)	revenue (\$)	(\$)	(%)
NONE PROVIDED	NONE PROVIDED	18249.00	0	18249	0%

#### (4) Environmental improvements

(a) Number of	(b) Persons	(c) Total	(d) Direct	(e) Net community	(f) Percent of
activities or	served	community benefit	offsetting	benefit expense	total expense
programs (optional)	(optional)	expense (\$)	revenue (\$)	(\$)	(%)
NONE PROVIDED	NONE PROVIDED	786.00	0	786	0%

### (5) Leadership development and training for community members

(a) Number of	(b) Persons	(c) Total	(d) Direct	(e) Net community	(f) Percent of
activities or	served	community benefit	offsetting	benefit expense	total expense
programs (optional)	(optional)	expense (\$)	revenue (\$)	(\$)	(%)
NONE PROVIDED	NONE PROVIDED	239.00	0	239	0%

#### (6) Coalition building

<u>( )</u>					
(a) Number of activities or programs (optional)	(b) Persons served (optional)	(c) Total community benefit expense (\$)	(d) Direct offsetting revenue (\$)	(e) Net community benefit expense (\$)	(f) Percent of total expense (%)
NONE PROVIDED	NONE PROVIDED	25478.00	0	25478	0%

### (7) Community health improvement advocacy

(a) Number of	(b) Persons	(c) Total	(d) Direct	(e) Net community	(f) Percent of
activities or	served	community benefit	offsetting	benefit expense	total expense
programs (optional)	(optional)	expense (\$)	revenue (\$)	(\$)	(%)
NONE PROVIDED	NONE PROVIDED	9339.00	0	9339	0%

#### (8) Workforce development

(a) Number of	(b) Persons	(c) Total	(d) Direct	(e) Net community	(f) Percent of
activities or	served	community benefit	offsetting	benefit expense	total expense
programs (optional)	(optional)	expense (\$)	revenue (\$)	(\$)	(%)
NONE PROVIDED	NONE PROVIDED	0	0	0	0%

#### (9) Other

(a) Number of	(b) Persons	(c) Total	(d) Direct	(e) Net community	(f) Percent of
activities or	served	community benefit	offsetting	benefit expense	total expense
programs (optional)	(optional)	expense (\$)	revenue (\$)	(\$)	(%)
NONE PROVIDED	NONE PROVIDED	14941.00	0	14941	0%

#### Total

#### (10) Totals

(a) Number of activities or programs	(b) Persons served	(c) Total community benefit expense (\$)	(d) Direct offsetting revenue (\$)	(e) Net community benefit expense (\$)	(f) Percent of total expense (%)
0	0	74083	0	74083	0.1%

### **Section 6: Medicare**

**1. Total revenue received from Medicare (\$ -- including DSH and IME)** 19162101.00

**2. Medicare allowable costs of care relating to payments specified above (\$)** 22063746.00

**3. Medicare surplus (shortfall)** \$-2901645

4. Describe the extent to which any shortfall reported above should be treated as community benefit. Please also describe the costing methodology or source used to determine the amount reported above. NONE PROVIDED

5. Describe the costing methodology or source used to determine the amount reported above. Please check the boxes below that describe the method used: Cost to charge ratio

### **Section 7: Summary Financial Measures**

**1. Gross Receipts from Operations (\$)** 61155267.00

2. Net operating costs (\$) 57654157 **3. Ratio of gross receipts from operations to net operating costs** 1.061

**Unreimbursed Community Benefit Costs** 

**4. Financial Assistance and Means-Tested Government Programs (\$)** 3232162

**5. Other Community Benefit Costs (\$)** 415153

6. Community Building Activities (\$) 74083

7. Total Unreimbursed Community Benefit Expenses (\$) 3721398

**8. Net community benefit costs as a percent of net operating costs (%)** 6.45%

**Other Community Benefits (optional)** 

1. Leveraged Revenue for Community Benefit Activities (\$) 20765.00

2. Medicare Shortfall (\$)

\$-2901645

### Section 8: Community Engagement in the Community Benefits Process

1. Please list belo	ow
---------------------	----

Community Organizations, Local Government Officials and other Representatives of the Public:	Indentification of Need	Prioritization of Need	Development of the Plan	Commented on Proposed Plan
VRH Primary Care Patients	Yes	No	No	No
Community Members at Large	Yes	Yes	No No	
Area Emergency First Responders	Yes	No	No	No
Regional Chamber of Commerce Executives	Yes	Yes	No	No
Area Social Service Executive Directors	Yes	Yes	No	No
Regional Town Managers/County Leadership	Yes	Yes	No	No
Public Health Systems Leadership & Coalition	Yes	Yes	No	No
Regional Town Welfare Representatives	Yes	Yes	No	No
Area Senior Centers	Yes	Yes	No	No
Elected Public Officials, Town/City, County	Yes	Yes	No	No

### 2. Please provide a description of the methods used to solicit community input on community needs:

VRH's 2021 Community Health Needs Assessment was conducted in partnership with New London Hospital, Alice Peck Day Hospital, DHMC, Mt. Ascutney Hospital, VNA of VT & NH, and Lake Sunapee Region VNA & Hospice. Methods employed in the assessment included a survey of community residents made available through direct mail and website links, a survey of key community stakeholders who are agency, municipal or community leaders, a series of virtual community discussion groups convened collaboratively with New London Hospital, and a review of available population demographics and health status indicators. VRH also utilized current patient social determinants of health data available through VRH's "B1 Mental Health Integration into Primary Care" initiative. Comments and feedback on community needs is ongoing with the participating agencies and service organizations, as well as with members of the public.

### **Section 9: Charity Care Compliance**

**1. The valuation of charity does not include any bad debt, receivables or revenue.** Yes

**2. A written charity care policy is available to the public.** Yes

3. Any individual can apply for charity care.

Yes

**4.** Any applicant will receive a prompt decision on eligibility and amount of charity care offered. Yes

**5. Notice of the charity care policy is posted in lobbies.** Yes

6. Notice of the policy is posted in waiting rooms. Yes

**7. Notice of the policy is posted in other public areas of our facilities.** Yes

**8. Notice of the charity care policy is given to recipients who are served in their home.** Yes

### Section 10: Certification

### **Electronic Signature**

First Name<br/>KellyLast Name<br/>MurphyTitle<br/>Community Benefits CoordinatorEmail<br/>kelly.murphy@vrh.org

NHCT-31 (September 2022)

### Attachments

Date	Attachment Name	Context	Confidential?	User
4/18/2023 11:49 AM	2021 Valley Regional Hospital Community Health Needs Assessment final (1).pdf	Attachment	No	Kelly Murphy

# **Status History**

	User	Processing Status
4/18/2023 11:38:54 AM	Kelly L Murphy	Draft
4/18/2023 1:06:28 PM	Kelly L Murphy	Submitting
4/18/2023 1:06:32 PM	Kelly L Murphy	Submitted

# **Processing Steps**

Step Name	Assigned To/Completed By	Date Completed
Form Submitted	Kelly L Murphy	4/18/2023 1:06:32 PM